

5TH PHILADELPHIA INTERNATIONAL DAY OF YOGA 2019

YOGA Celebrate Health & Happiness

at the **Collegium Charter School**
500 James Hance Court,
Exton, PA 19341

Sunday, June 16
1 – 6 pm

Join the 5th Philadelphia Yoga Day Celebration, a unique meeting event for seekers and masters of various yoga practices.

Yoga enthusiasts of all ages and faiths are invited.

PROGRAM

**Surya Namaskar
(Sun Salutations)**
Explore Multiple Yoga Demos
Kids Yoga, Games, Posters
Guided Meditation
Yoga Food, Music & Fun

Coordinators:

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RSVP: <https://www.eventbrite.com/e/5th-international-day-of-yoga-in-exton-free-yoga-for-peace-and-harmony-philadelphia-area-tickets-61836157612>

ADMISSION IS FREE SPONSORS WELCOME

PROGRAM ORGANIZERS:

Hindu Swayamsevak Sangh (HSS)
Art of Living Foundation (AOL)
Chinmaya Mission (CM)
Vihangam Yoga
Gopala Goshala

Hindu American Foundation (HAF)
Bharatiya Temple & Cultural Center
Bhutanese American Organization of Philadelphia
Isha Foundation Philadelphia
SEWA International USA

